

ST. HELEN'S COLLEGE
Extra Curricular Activity Programme – Spring 2010

Dear Parents,

The Extra Curricular activity programme is open to all St. Helen's pupils. You may apply for as many activities as you like, provided your child is in the year group for the activity they wish to participate in. Children who are involved in the music clubs below may be unable to participate in some activities. Occasionally individual instrumental tuition may clash with extra curricular activities. Nursery children are only able to enrol in lunchtime clubs if they are in school full time on the day the club takes place. This is because Nursery clubs do not begin until 1 hour after the morning session ends. When an after school sports activity does not start immediately after school, the children in that activity will be looked after by a form teacher in a designated classroom until the PE staff arrive.

Individual instrumental tuition days

Monday:	Chamber Choir	Upper School	12.50 -1.20 p.m.	Flute (Miss Webb) & Piano(Miss Moore)
	Flute/Clarinet Club	Upper School	1.20 – 1.50 p.m. (Miss Webb)	
Tuesday:	Fife Group	Year 3	11.50 a.m. – 1.20 p.m. (Miss Webb)	
	Recorder Club	Year 6	12.50 – 1.20 p.m.	Flute (Miss Webb) & Piano (Miss Moore)
	Infant Choir	Lower School	12.45 – 1.15 p.m.	
Wednesday:	Junior Choir	Years 2 & 3	11.50 a.m. – 12.20 p.m.	Trumpet (Mr. Field) & Violin (Miss Bentley)
	Senior Choir	Years 4 – 6	12.50 – 1.20 p.m.	
	String Club	Years 4 - 6	1.20 - 1.50 p.m. (Miss Bentley)	Cello (Mrs. Maclean) & Guitar (Mr. Chan)
Thursday:	Treble Recorder Club	Year 6	12.50 – 1.20 p.m.	
	Guitar Club	Years 4 - 6	12.50 – 1.20 p.m. (Mr. Chan)	Lower School Violin (Ms Martinsson)
Friday:	Alternate Fridays - School Council/School Magazine Meetings (lunchtime)			Upper School Violin (Miss Bentley)
	Orchestra	Years 4 - 6	12.50 – 1.20 pm	

Initially, applications for all activities will be chosen at random from those received in school on the first day of term (Tuesday 5th January). Those applications which are brought to the school office or handed to your child's class teacher, together with those sent in by post or put through the school letter box before the term starts, will be placed together and forms randomly picked. THIS WILL ONLY APPLY TO APPLICATIONS RECEIVED BY TUESDAY 5TH JANUARY AS FORMS NEED TO BE PROCESSED IMMEDIATELY.

Applications will continue to be accepted up until 10 a.m. on Thursday 7th January and your child will be allocated a place in their chosen activity should any places remain. A form indicating which activities your child has been successful in applying for will be sent home by Friday 8th January. If an activity is full, the form will indicate this and your child will be placed on to the appropriate waiting list for this term only.

Payment must be made at the time of booking, however, your cash/cheque will be returned to you should the activity you have chosen be full. If your cheque payment covers more than one activity, your cheque will be banked and the extra amount returned in the form of a credit voucher the following week. Credit vouchers can be used to pay for anything, except termly school fees and hot meals.

Cheques for extra curricular activities should be made payable to St. Helen's College. Please do not include payments for school fees or Funtasia with this application form. No refunds for activities will be given after Friday 8th January.

D.A. Crehan

WEEKDAY ACTIVITY LIST – SPRING TERM 2010

	Activity	Year Group	Teacher	Dates	Times	No. of weeks	Location	Equipment Required/General information	Cost
MONDAY	ATHLETICS/ INDOOR ATHLETICS	2 & 3	Miss Walker	11 th January – 15 th March	11.50 a.m. -12.50 p.m.	9	Court Park & The Sports Pavilion	Athletic skills in running, jumping and throwing will be developed over the term. Limited to 16 places	£36
	IYENGAR YOGA	1	Mrs. Braham	11 th January- 15 th March	12.00-12.45p.m.	9	Lower School Hall	Limited to 15 places	£27
	GARDENING CLUB	2 & 3	Mrs. Gilham	22 nd February – 15 th March	12.20-12.50 p.m.	4	Upper School	Limited to 10 places	£8
	FRENCH CLUB	Reception	Miss Fourmond	11 th January – 15 th March	12.45-1.15 p.m.	9	Lower School Classroom	Limited to 16 places	£18
	DRAMA CLUB	Nursery	Mrs. Mitchell-Luker	11 th January – 15 th March	12.45-1.15 p.m.	9	Lower School Hall	Limited to 16 places	£18
	FOOTBALL TEAM TRAINING	5 & 6	Mr. Dyson	11 th January – 15 th March	12.50-1.50 p.m.	9	Upper School	By invitation only. Trials will be held in Games lessons during the first week of term. Details of team members will be posted on the P.E. notice board	Nil
	CHESS CLUB	6	Mr. Crehan	11 th January- 15 th March	12.50 -1.20 p.m.	9	Upper School	Limited to 20 places. Beginners welcome	Nil
	DRAMA CLUB	2 & 3	Mrs. Mitchell-Luker	11 th January – 15 th March	3.30-4.00 p.m.	9	Upper School	Limited to 16 places	£18
	DRAMA CLUB	4, 5 & 6	Mrs. Mitchell – Luker	11 th January – 15 th March	4.00-5.00 p.m.	9	Upper School	Limited to 16 places	£36
	HOCKEY	4, 5 & 6	Mr. Dyson	11 th January – 15 th March	4.00-5.00 p.m.	9	At Brunel University on floodlit all weather pitch	Limited to 16 places. MOUTHGUARDS REQUIRED. Waterproofs needed in bad weather. Children will be transported to Brunel by minibus and can be collected from Brunel at 5 p.m. or school at 5.20 p.m. Please indicate on booking form if collecting from Brunel.	£45
TUESDAY	FRENCH CLUB	2 & 3	Miss Fourmond	12 th January – 16 th March	11.50 a.m.-12.20 p.m.	9	Upper School	Limited to 16 places	£18

	Activity	Year Group	Teacher	Dates	Time	No. of weeks	Location	Equipment Requires/General information	Cost
TUESDAY (continued)	TAEKWON-DO	2 & 3	Mrs. Humphries	12 th January – 16 th March	11.50 a.m.-12.50 p.m.	9	Upper School	Limited to 16 places	£36
	TAEKWON-DO	4, 5 & 6	Mrs. Humphries	12 th January – 16 th March	12.50-1.50 p.m.	9	Upper School	Limited to 16 places	£36
	FOOTBALL NON TEAM	4, 5 & 6	Mr. Dyson	12 th January – 16 th March	12.50-1.50 p.m.	9	Court Park	Open to boys and girls. Football Boots must be worn. Limited to 20 places	£36
	FOOTBALL	2 & 3	Mr. Dyson	26 th January – 16 th March	3.45-4.45 p.m.	7	Court Park	Limited to 20 places	£28
WEDNESDAY	FRENCH CLUB	1	Miss Fourmond	13 th January-17 th March	12.00-12.30 p.m.	9	Lower School	Limited to 16 places	£18
	FRENCH CLUB	Nursery	Miss Fourmond	13 th January – 17 th March	12.45-1.15 p.m.	9	Lower School	Limited to 16 places	£18
	TABLE TENNIS	4 & 5	Mr. Dyson	13 th January – 17 th March	12.50-1.50 p.m.	9	Upper School	Limited to 10 places	£36
	CHESS	4	Mr. Crehan	13 th January - 17 th March	12.50 – 1.20 p.m.	9	Upper School	Limited to 20 places. Beginners welcome	Nil
	TEAM FOOTBALL	5 & 6	Mr Dyson	20 th January – 17 th March	3.50 – 4.50pm	8	Court Park	By invitation only. Trials will be held in Games lessons during the first week of term. Training or matches will be played on Wednesday nights. A fixtures list will be sent out early in the term.	Nil
	TEAM NETBALL	5 & 6	Miss Walker	20 th January – 17 th March	3.50 – 4.50pm	8	Upper School	By invitation only. Trials will be held in Games lessons during the first week of term. Training or matches will be played on Wednesday nights; extra practice sessions may be run on a Tuesday night. A fixtures list will be sent out early in the term.	Nil
THURSDAY	TENNIS	2 & 3	Mr. Stidder + Miss Walker	14 th January - 18 th March	11.50 a.m. -12.50 p.m.	9	Court Park Tennis Courts	Bring own tennis racquet if you have one. If not Mr Stidder can supply one on a temporary basis. Limited to 16 places.	£36
	TAEKWON-DO	2 & 3	Mrs. Humphries	14 th January – 18 th March	11.50 a.m. – 12.50 p.m.	9	Upper School	Limited to 16 places.	£36
	Activity	Year Group	Teacher	Dates	Time	No. of weeks	Location	Equipment Requires/General information	Cost
	TAEKWON-DO	4, 5 & 6	Mrs. Humphries	14 th January – 18 th March	12.50 a.m.-1.50 p.m.	9	Upper School	Limited to 16 places.	£36

THURSDAY (continued)	Activity	Year Group	Teacher	Dates	Time	No. of weeks	Location	Equipment Requires/General information	Cost
	TENNIS	4, 5 & 6	Mr. Stidder	14 th January – 18 th March	12.50-1.50 p.m.	9	Court Park Tennis Courts	Bring own tennis racquet if you have one. If not Mr Stidder can supply one on a temporary basis. Limited to 16 places	£36
	DEBATING CLUB	5 & 6	Mrs. Mitchell-Luker	14 th January- 18 th March	1.20-1.50 p.m.	9	Upper School	Limited to 16 places	£18
	PUZZLE CLUB	5 & 6	Mrs. Pandya	14 th January – 18 th March	12.50-1.30 p.m.	9	Upper School	Limited to 12 places	Nil
	DRAMA CLUB	Reception	Mrs. Mitchell-Luker	14 th January – 18 th March	12.45-1.15 p.m.	9	Lower School Hall	Limited to 16 places	£18
	DRAMA CLUB	1	Mrs. Mitchell-Luker	14 th January- 18 th March	3.20-3.50 p.m.	9	Lower School	Limited to 16 places	£18
	MULTISPORTS	2, 3 & 4	Miss Walker	28 th January – 18 th March	3.50-4.50 p.m.	7	Upper School	Limited to 20 places. Core skills and fitness work included in these multisport/multiskills sessions. A different activity focus each week.	£28
	MUSIC THEATRE	2 - 6	Mrs. Mitchell-Luker	14 th January – 18 th March	4.00-5.00 p.m.	9	Music Room	Limited to 12 places.	£36
FRIDAY	UNIHOCCY	2 & 3	Mr. Dyson	18 th January – 12 th March	11.50 a.m.-12.50 p.m.	9	All Saints Church Hall	Unihockey introduces hockey skills to young players and equipment is child friendly. Limited to 16 places. MOUTHGUARDS RECOMMENDED.	£45
	DRAWING CLUB	2 & 3	Ms Turner	15 th January – 12 th March	11.50a.m.-12.20 p.m.	8	Ms Turner	Limited to 20 places	Nil
	IYENGAR YOGA	2 & 3	Ms Braham	15 th January – 12 th March	12.05-12.50 p.m.	8	Upper School Hall	Limited to 15 places	£24
	BADMINTON	4, 5 & 6	Mr. Dyson	15 th January – 12 th March	12.50-1.50 p.m.	8	All Saints Church Hall	Own badminton racquets may be used or school ones can be provided. Limited to 16 places	£40
	TAG RUGBY	5 & 6	Mr Lewis	13 th January – 17 th March	12.50 – 1.50 pm	9	Court Park	Open to boys and girls. Football boots recommended. Limited to 16 places	£36
	IYENGAR YOGA	4, 5 & 6	Ms Braham	15 th January – 12 th March	1.00 -1.45 p.m.	8	Upper School Hall	Limited to 15 places	£24
	CROSS COUNTRY RUNNING / POWER WALKING	4, 5 & 6	Miss Walker	15 th January – 12 th March	1.20-1.50p.m.	8	Court Park	A great way to keep fit and get some air in your lungs! Wear old trainers and bring a carrier bag to put muddy trainers in afterwards.	Nil
	TRI-GOLF	4, 5 & 6	Mr. Dyson	15 th January – 12 th March	3.50-4.50 p.m.	5	Court Park/ Playground	Tri Golf is a great way to introduce children to the game of golf. Equipment is child friendly and safe. Limited to 16 places	£20

P.E. kit is required for all sporting activities, together with football boots/mouthguards where necessary. Please note that the dates on the programme exclude half term weeks. **Do ensure your child is collected promptly from after school activities or they will be enrolled into Funtasia until you arrive and sign them out. Fees for attendance at Funtasia will be charged at the usual rate.**

SATURDAY MORNING

Asthma inhalers/epipens which are kept in school are NOT accessible to staff and children attending Saturday morning activities. Children should bring in inhalers/epipens from home and parents should consider remaining at the school for the duration of their child's activity if they are unable to use their medication without supervision. Please make sure you collect your child promptly after their lesson.

Ballet and Tap are taught by Mrs. Mohain, a fully qualified dance teacher. New pupils of all ages are welcome and lesson times for new pupils will be advised during the first week of term., except the combined class which starts at 9 a.m. for all children. Pupils who have attended previously should attend at the same time as last term. Mrs. Mohain can be contacted directly on 0208 933 8368 (evenings) if you wish to discuss any aspect of the Ballet/Tap programme.

	Activity	Year Group	Teacher	Dates	Times	No. of weeks	Location	Equipment Required/General information	Cost
SATURDAY	COMBINED BALLET/TAP	Nursery & Reception	Mrs. Mohain	9 th January- 13 th March (excluding 20 th February - half term)	As last term if existing pupil. New pupils will begin at 9 a.m.	9	Upper School Hall	As advised by Mrs. Mohain. New pupils should wear soft shoes or plimsolls & comfortable clothes for the first lesson. Unlimited places available.	£31.50
	TAP DANCING	1 – 6	Mrs. Mohain	As above	As last term if existing pupil. New pupils will be advised of lesson time	9	Upper School Hall	As above	£31.50
	BALLET	1 – 6	Mrs. Mohain	As above	As last term if existing pupil. New pupils will be advised of lesson time	9	Upper School Hall	As above	£31.50