

Packed Lunch Order Form – 4th – 15th January 2010

Child's Name

Class

	Tue 5 th	Wed 6 th	Thu 7 th	Fri 8 th		Mon 11 th	Tue 12 th	Wed 13 th	Thu 14 th	Fri 15 th
Bread – tick one for each day										
White roll										
Wholemeal roll										
White Sandwich										
Wholemeal sandwich										
Butter (delete as appropriate)	Y/N	Y/N	Y/N	Y/N		Y/N	Y/N	Y/N	Y/N	Y/N
Filling – tick one for each day										
Honey										
Jam										
Marmite										
Philidelphia soft cheese										
Cheddar cheese										
Corned beef										
Egg										
Egg mayonnaise										
Gammon ham										
Roast beef										
Roast turkey										
Roast chicken										
Tuna mayonnaise										
Cajun chicken										
Tandoori chicken										
Coronation chicken										
Chicken tikka with mayo & yoghurt										
Roast pork										
Mozarella & pepperoni										
Stilton & bacon										
Minty lamb										
Ham, cheese & pineapple										
Salad – tick one for each day										
Cherry tomato										
Celery sticks										
Carrot batons										
Mixed peppers										
Mixture										
Dessert – tick one for each day										
Yoghurt										
Fresh fruit										
A carton of fruit juice will be provided each day										
Special dietary information – allergies/restrictions (continue overleaf if necessary)										
Notes										
Return form to office by					4th January 2010					
Cheques (no cash please) payable to					St. Helen's College					
Ready reckoner	1 meal			£2.40	6 meals			£14.40		
	1 meals			£4.80	7 meals			£16.80		
	3 meals			£7.20	8 meals			£19.20		
	4 meals			£9.60	9 meals			£21.60		
	5 meals			£12.00	10 meals			£24.00		